

Psalms 4 Family Worship Notes: Jesus Christ as a human needs God's help

Translation: NASB 95

Verses 1-4:

Jesus Christ as the servant of the Father needed His strength and to be relieved in times of distress. Christ Jesus is fully human without sin and fully God without any limitation. He needed strength to walk the path to the cross because He alone can atone for sin. Sin is a deep rebellion in the soul of Adam's family that reveals itself in thoughts, actions, and speech. There is great pressure on the human Jesus Christ. His sweats of blood before His crucifixion show His great distress because of the weight of sin to atone for and God's justice to appease. God the Father will be there for this special servant. The Father is there to help Jesus Christ through the crucifixion and to raise the human body back from physical death. Sin makes all humans rebels outside of God's family. Jesus Christ will accomplish the act of atoning for the sins of many that will bring many into God's family. Praise should be given to Christ for accomplishing salvation. There should be rejoicing for the Holy Spirit who applies salvation to many humans.

All humans should turn away from their sin to embrace and rest on the Lord Jesus Christ. This is called repentance. Many humans will love what is worthless and seek the deception of sin. What a poor and painful everlasting state there will be for many humans after physical death or at Christ's return. Christians will explain the mercies only found in Jesus Christ to have many humans in sin dismiss it. God knows how to make any human right before Him. To rest on Christ for salvation is the only way.

All humans should tremble and fear to meet God's justice in this life and after this life. Christ looked towards His father with great respect. Look at when Christ was at the Jewish Temple. He engaged the teachers of the law in the laws that spoke about Him. Christ the human meditated on the law and grew in knowledge. Christ is the saviour that sets many in Adam's family free from sin. Jesus the sinless human shows how all humans should live resting and trusting in God because Christians are servants of God. Christians should meditate on all the Bible to understand their salvation and see what God expects.

Verses 5-8:

There is no need to bring any pure lambs or other sacrifices to God to pay the legal debt of sin. Why? Jesus Christ is the final lamb of God who takes away sin from many in Adam's family. Different nations, tribes, and groups have Christ coming to take the sin

of many. Trust in the final lamb of God for salvation. God will lift up the heads of many in Adam's family to show them good. Salvation leads to God being good and kind in a special way to His people found in Christ Jesus. Christ deserves all the praise and glory for God's kindness.

Jesus Christ does not leave His people alone to exclude benefits from them. It is pleasing to have good food and drink for the stomach. Salvation surpasses good things from the earth. There is freedom from sin and its legal consequence of everlasting hell. God now listens to the prayers of humans found in Christ Jesus. God does not hear the prayers of humans still in sin. There is God speaking through the written text of the Bible. Christ learned from parts of the Bible. Christians are to follow Christ's example to learn the Bible well. The Bible will bring great riches and nourishment to the human soul. Sin has no power over Christians because of God's strength and guidance away from sin. Christians can no longer return to sin and become a rebel again that deserves God's justice. There should be great worship and respect for Christ in all Christians because of the benefits He gives.

All Christians should find rest in the Lord Jesus Christ. There is peace with God because sin is dealt with. Nothing can remove Christians from God's hand of salvation. Why? Christ is able to keep His people safe and secure in salvation. There is no human or force that is able to break Christ's hold on His people. Christ now rests from His work on earth in heaven. Christians should find their rest in Christ in daily life and know there is rest in the next life. This Psalm shows Christ coming as the human servant to die on the cross. Christ needed God's help and strength. Christians are the same needing God to be merciful, give strength, and give rest. Amen!